

SEARCH and Physical Education at IES Mayorazgo

SEARCH Sport Education for Active and Responsible Citizenship through Health caring is quite a challenge for a High School like ours. IES Mayorazgo is a school located in Malaga, Andalusia. The educational offer ranges from secondary education (ESO), high school (Bachillerato) and vocational training (FP). We take part in most of the innovation projects offered by the Junta de Andalusia. We were granted the status of “bilingual school (English/Spanish)” in 2013. Since then, we have been working on our program and promoting bilingual education successfully.

In our bilingual program students are taught some content area subjects partially in English by bilingual teachers. Hence, it renders the adequate framework to develop and implement projects with an international scope such as SEARCH which involve schools, institutions, students and teachers in other countries.

It's more than a year since IES Mayorazgo started working on the ERASMUS+ SEARCH project, and since the very beginning, we think that one of the strongest points of the project is the fact that all materials are being designed **to increase young people's awareness of the importance of sports-related issues, potentially resulting in behaviour focused on well-being, inclusion and full citizenship.**

From the Physical Education subject all these objects are achieved through the development of the following blocks of curricular content:

- Health and quality of life.
- Physical and motor condition.
- Games and sports.
- Body language.
- Physical activities in natural settings.

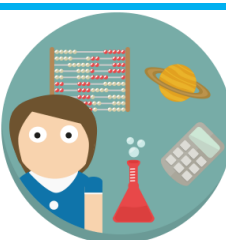
SEARCH and Physical Education

Physical Education develops the following **key competences** through the Search Project:




A) LINGUISTIC AND COMMUNICATIVE COMPETENCE


Through the wide variety of verbal and non-verbal communicative situations that physical activities offers in different areas.





B) MATHEMATICAL COMPETENCE AND BASIC COMPETENCES IN SCIENCE AND TECHNOLOGY

Solving situations associated with quantity, space and shape, data (results and classifications, heart rate as effort intensity indicator, relationship between caloric intake and expenditure, etc.).

	<p style="text-align: center;">C) DIGITAL COMPETENCE</p> <p>By carrying out tasks of accessing and managing information on the internet in the field of physical and sports activity, as well as the creation and dissemination of content, among others.</p>
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	<p style="text-align: center;">D) LEARNING TO LEARN COMPETENCE</p> <p>Strengthening the capacities of planning, organization, execution and regulation of their own physical activity, thus allowing students to design their own action plan and the adequacy to achieve the planned goal, as well as to evaluate it.</p>
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	<p style="text-align: center;">E) SOCIAL AND CIVIC COMPETENCE</p> <p>Promoting respect, equality, cooperation and teamwork. The rules that are established in games and sports, road safety regulations, injury prevention and first aid, among others, are elements of Physical Education that prepare students for life in society.</p>
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	<p style="text-align: center;">F) SENSE OF INITIATIVE AND ENTREPRENEURSHIP</p> <p>Giving the students responsibility functions in the planning and development of activities, facilitating the exercise of leadership roles and teamwork, as well as personal improvement.</p>
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	<p style="text-align: center;">G) CULTURAL AWARENESS AND EXPRESSION</p> <p>Through the recognition and appreciation of the cultural and historical manifestations of human motor skills (games, sports, artistic-expressive activities, activities in the natural environment, etc.).</p>
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These key competences allow the development of these three **lines of action** which are the fundamental basis of Physical Education and the Search Project:

<p>Education for health</p> 	<p>Co-education</p> 	<p>Education for peace</p> 
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Moreover, the Search Project promotes the following **blocks of curricular content** of Physical Education:

HEALTH AND QUALITY OF LIFE



The health and quality of life block groups together the contents related to healthy lifestyle habits (diet, scheduled physical activity and rest), active lifestyles, prevention of behaviors and habits harmful to health, basic breathing techniques, relaxation and stress and tension relief, and responsible use of information and communication technologies.

PHYSICAL AND MOTOR CONDITION



The physical and motor condition block focuses on aspects associated with the development of physical and motor capacities, the regulation of physical activity and energy production systems.

GAMES AND SPORTS



The games and sports block includes content such as pre-sport games, sports, popular games, alternative games, etc. This content block is a suitable instrument to develop capacities and abilities of the subject. Games and sports promote and develop motivation, teamwork and solidarity among students.

BODY LANGUAGE



The contents of the body expression block develop communication and creative and artistic expression through the body and the expression and regulation of emotions and feelings.

PHYSICAL ACTIVITIES IN NATURAL SETTINGS



The block of physical activities in natural settings is oriented towards the interaction of the students with the natural and urban environment, valuing its positive benefits, the integration of these in their daily life and the awareness of the need for their conservation.